

The 10 Day

PRAYER GUIDE



DAY ONE

Talking to God as Father

SCRIPTURE:

*“OUR FATHER IN HEAVEN, HALLOWED
BE YOUR NAME.”*

(MATTHEW 6:9 NIV)

FOCUS:

Prayer begins with relationship, not performance. God is your Father who loves to hear your voice.

SAMPLE PRAYER:

“Father, thank You for loving me. I come to You today as Your child. Teach me to know You as my Father and to trust You with my heart.”

DAY TWO

Saying Thank You

SCRIPTURE:

*“GIVE THANKS IN ALL
CIRCUMSTANCES.”*

(1 THESSALONIANS 5:18 NIV)

FOCUS:

Gratitude opens the door to God's
presence.

SAMPLE PRAYER:

“God, thank You for giving me life today.
Thank You for my family, my friends,
and the blessings I don't always notice. I
choose to be thankful.”

DAY THREE

Asking For Help

SCRIPTURE:

*“CAST ALL YOUR ANXIETY ON HIM
BECAUSE HE CARES FOR YOU.”*

(1 PETER 5:7 NIV)

FOCUS:

God invites you to bring Him your worries.

SAMPLE PRAYER:

“Lord, I give You my worries today.
[Name one thing on your heart.] I know
You care for me, and I trust You to help
me.”

DAY FOUR

Forgiveness

SCRIPTURE:

*“FORGIVE US OUR DEBTS, AS WE ALSO
HAVE FORGIVEN OUR DEBTORS.”*

(MATTHEW 6:12 NIV)

FOCUS:

Prayer includes receiving forgiveness
and extending it

SAMPLE PRAYER:

“Jesus, thank You for forgiving me. Today
I forgive [name someone if needed].
Help me to release bitterness and walk
in love.”

DAY FIVE

Strength for Today

SCRIPTURE:

*"I CAN DO ALL THIS THROUGH HIM
WHO GIVES ME STRENGTH."*

(PHILIPPIANS 4:13 NIV)

FOCUS:

God gives strength when you feel weak.

SAMPLE PRAYER:

"Lord, I feel weak sometimes, but I know You give me strength. Fill me with courage and power to face today."

DAY SIX

Guidance For Decisions

SCRIPTURE:

“IN ALL YOUR WAYS SUBMIT TO HIM, AND HE WILL MAKE YOUR PATHS STRAIGHT.”

(PROVERBS 3:6 NIV)

FOCUS:

God cares about your choices and promises to guide you.

SAMPLE PRAYER:

“Father, guide my steps today. Show me which way to go and give me wisdom to make good decisions.”

DAY SEVEN

Protection from Evil

SCRIPTURE:

*"THE LORD IS FAITHFUL, AND HE WILL
STRENGTHEN YOU AND PROTECT YOU
FROM THE EVIL ONE."*

(2 THESSALONIANS 3:3 NIV)

FOCUS:

God is your protector.

SAMPLE PRAYER:

"Lord, keep me safe today. Protect my mind, my heart, and my steps from anything not from You."

DAY EIGHT

Peace in My Heart

SCRIPTURE:

*“YOU WILL KEEP IN PERFECT PEACE THOSE
WHOSE MINDS ARE STEADFAST, BECAUSE
THEY TRUST IN YOU.”*

(ISAIAH 26:3 NIV)

FOCUS:

God gives peace that the world cannot
give.

SAMPLE PRAYER:

“God, I ask You to fill my heart with
peace. Take away fear and worry, and let
me rest in Your love.”

DAY NINE

Boldness to Share my Faith

SCRIPTURE:

*"FOR THE SPIRIT GOD GAVE US DOES NOT
MAKE US TIMID, BUT GIVES US POWER,
LOVE AND SELF-DISCIPLINE."*

(2 TIMOTHY 1:7 NIV)

FOCUS:

God gives courage to speak about Him.

SAMPLE PRAYER:

"Lord, give me boldness to share my
faith. Help me tell someone today that
You love them."

DAY TEN

Living with Kingdom Authority

SCRIPTURE:

“DO NOT BE AFRAID, LITTLE FLOCK, FOR YOUR FATHER HAS BEEN PLEASED TO GIVE YOU THE KINGDOM.”

(LUKE 12:32 NIV)

FOCUS:

You carry God's authority because you are His child.

SAMPLE PRAYER:

“Father, thank You for giving me the Kingdom. I choose to walk in Your authority, opening the doors You have for me and shutting the doors that are not from You.”

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KINGDOM
ALLIANCE